



bartalk

PARKER LAW FIRM:
The Attorneys You Want But Hope You Never Need

LEARNING FROM FAILURE

A Message From Founder/Attorney Brad Parker

This time last year I wrote down what my New Year's resolution was and specifically how I would implement it. The resolution was to get control of my day and execute my "time management" plan. I vowed to control my day and not let the distractions take over and control me.

I read what I had written at the end of December and realized that I had failed in achieving my goal. Because I had been very specific in how I was going to accomplish my "time management" system, I was not only able to see that I failed but exactly how and where I had failed.

It was not a total failure. I actually had achieved implementation of many of the specifics of my plan and the other specifics that I failed to implement were well established in my head if not in my reality. With that insight, I decided to double down on my "time management" resolution and am confident that I will be able to fully implement it this year.

Too often we let our perceived failures allow us to move back into a comfort zone that we were trying to escape and otherwise abandon our dreams or goals. Over my career I have learned to not accept failures – we all have them – but to learn from the failure and view it as a challenge to overcome. What I have found to be so important is to set forth the specific things that I am going to do – step by step – in order to reach my goal. That way if and when I fall short, I can look back and see exactly where and how I fell off track. In other words, I always try and learn from my failures. If I don't, then I am doomed to repeat them.

In any event, I am climbing back on to the saddle and determined to "fully" implement my time management plan this year by paying particular attention to the steps where I went astray and making sure that I don't do it again. I wish you luck on your New Year's resolutions. If you have a clear and specific method to achieve your goals, I am certain success will be yours.

Until Next Time,

Brad

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PARKER LAW FIRM: 817.330.8611

JANUARY 2019

ASK BRAD

Q: Now that my case is over, do you offer any additional services?



A: "Just because your case is over, that doesn't mean our client-attorney relationship must end. This year, I am launching an exclusive VIP program for a limited number of clients. For a one-time enrollment fee, select clients will receive perks like free notary services, free advanced directives, savings for a will, a durable power of attorney and medical power, free insurance and contract review, access to our local attorney network and all discounts provided by our business and Parker Law Firm goodies. Look for an email with more details next month."

HAPPY NEW YEAR!

As we say goodbye to 2018, we want to share with you what the Parker Law Firm Staff is planning.

"Time management by controlling my mornings and handling the chaos in the afternoons."
-Brad Parker

"ORGANIZE! OrGaNiZe! oRgAnIzE! O R G A N I Z E! organize! Anyway you look at it...get organized!"
-Carolyn Munn

"Don't buy any additional Audible credits in 2019. Yes that's a real resolution I have a terrible habit of buying extra. I just love books."
-Angela Bobbitt

"I'd like to get back to running three times a week."
-Ellena Fortner Newsom

Comic Relief



National Blood Donor Month

The Red Cross needs to collect more than 13,000 donations every day to keep the blood supply ready and available to meet the needs of about 2,600 hospitals, clinics and cancer centers across the country.

In the winter months, blood donations typically drop off. This makes National Blood Donor Month in January a critical time for the American Red Cross. Busy schedules, holiday breaks from school, inclement weather and winter illnesses contribute to fewer blood and platelet donations. For more information, visit redcrossblood.org.

Refer Your Friends & Family to Us!

We'd love for you to refer us to your friends and loved ones. We'll treat them just as we would our own family.

817-330-8611

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HELPING PEOPLE PUT THEIR LIVES BACK TOGETHER

Secrets to Success

WHAT SHOULD MY SETTLEMENT DEMAND LOOK LIKE?

Each settlement demand is unique and details the specifics of your case. As a general rule of thumb, a successful settlement demand should be thorough, complete and outline support for each element of damages being sought.

Typically a demand will begin by addressing the liability issues involved in the case. It will next focus on the people involved and the injuries sustained. Specifically, you will want to include the following documents in your settlement demand:

- The Formal Demand
- Police Report
- Medical Records and Billing Statement
- Lost Wage Verification
- Witness Statements
- Photos of the Scene and Injuries
- Other Misc. Bills or Statements relating to other costs and out-of-pocket expenses incurred
- Statement from family and friends relating to the impact that the injuries have had on you

The last section of your formal demand should be the amount for which you are willing to settle. This amount should be reason-able. The adjusters are in the business of adjusting claims on a daily basis. If you'd like to see a mock settlement demand, download Brad's free booklet, *How Do I...Settle It Myself?* at texaslawbooks.com.



What Clients are Saying...

"If you live in Texas and have the unfortunate need for a personal injury or insurance claims, please use the best around...Parker Law Firm." -Brian H.

FOOD COURT

Spinach and Ricotta Stuffed Shells

INGREDIENTS:

- 24 jumbo pasta shells**
- 1 15-oz. container ricotta**
- 2 cups shredded mozzarella**
- 1/2 cup shredded Parmesan**
- 1 10-oz. package frozen chopped spinach, thawed and squeezed dry**
- 1 large egg, lightly beaten**
- Salt and pepper**
- 1 teaspoon Italian seasoning**
- Pinch of ground nutmeg**
- 1 26-oz. jar spaghetti sauce**

DIRECTIONS:

- 1. Preheat oven to 375°F. Mist a 9-by-13-inch baking dish with cooking spray. Cook pasta shells according to package label directions; drain and set aside to cool. While pasta cooks, in a large bowl, stir together ricotta, 1 cup mozzarella, Parmesan, spinach, egg, salt, pepper, Italian seasoning and nutmeg.**
- 2. Spread 3/4 cup spaghetti sauce over bottom of baking dish. Stuff shells with cheese-and-spinach mixture and place in dish. Spoon remaining sauce over shells and sprinkle with remaining 1 cup mozzarella.**
- 3. Cover baking dish with foil and bake for 35 minutes. Remove foil and bake about 10 minutes longer, until bubbly and cheese begins to brown.**

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THE ATTORNEYS YOU WANT BUT HOPE YOU NEVER NEED

TRIVIA TREASURES

On Jan. 15, 1967 the first Super Bowl was held at the Los Angeles Memorial Coliseum in California. Which team defeated the Kansas City Chiefs?

- A. Denver Broncos
- B. Boston Patriots
- C. Oakland Raiders

If you answer correctly, you will be entered into a drawing for a chance to win two free movie tickets. Call the firm at 817.330.8611 before Jan. 28 to participate.

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TRIAL LAWYERS

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